

Vet Visit Prep Guide

a Kinder K9 Mind & Motion Resource



VET VISIT PREP GUIDE

Make your dog's veterinary visit smooth and low stress with this simple checklist

1. BEFORE THE VISIT

- Schedule the appointment at a time when your dog is usually calm
- Avoid feeding a large meal right before the visit
- Take your dog for a short walk to relieve energy and bladder

2. WHAT TO BRING

- Vaccination records and medical history
- A list of current medications and supplements
- Stool sample (if requested)
- Your dog's favorite treats or toy for comfort
- Leash, harness, or carrier (for small dogs)
- Insurance information (if applicable)

3. QUESTIONS TO ASK YOUR VET

- Is my dog at a healthy weight?
- Are there any signs of dental issues?
- What vaccinations are due or recommended?
- Are there any changes in diet or exercise needed?
- What preventive care should I consider (e.g., flea/tick, heartworm)?
- Should I be concerned about any recent behavior changes?

4. DURING THE VISIT

- Stay calm and speak reassuringly to your dog
- Take notes or ask for a printed summary of the visit
- Ask for clarification if you don't understand something

5. AFTER THE VISIT

- Reward your dog with praise, treats, or playtime
- Follow any care instructions or medication schedules
- Monitor your dog for any side effects or changes
- Schedule follow-up appointments if needed

Tip: Look for a Veterinary office with a "Fear Free" certification.

