



Puppy Housetraining Checklist



a kinder k9 training protocol

www.kinderk9.com



1. Potty Time Guide

Take your puppy out to potty at these key times:

-  Immediately after waking up
-  Right after playing (especially when play slows down)
-  15–30 minutes after eating
-  Every 1–2 hours (or at least 6–8 times daily)

4. Restrict Access

Keep your puppy close (e.g. on a short leash) or confined when you're not actively supervising. Use gates, pens, or a leash indoors to prevent accidents in hidden corners.

5. Regular Mealtimes

Feed on a schedule—no free feeding! If pottyng through the night becomes an issue, remove water about 2 hours before bedtime.

 Take up uneaten food after 20 minutes.

6. Leash Walks Are a Must

Take your puppy on leash to the potty spot. It helps them stay focused and builds a consistent routine.

7. No Play Until They Go!

Potty first, play second. Letting them play too early can confuse the mission.

8. Walk for 15–20 Minutes

Give them enough time! Puppies may need to sniff and wander a bit before they go. Sniffing helps trigger the need to eliminate—it's how dogs check their “bathroom messages.”

11. Playtime = Reward!

Once your pup goes potty, reward with praise and let them explore freely or play with them!

Consistency + Patience = Success!

Stick with this routine, and your puppy will be house trained in no time. You've got this!  